



2026 SUMMER - 24 HOUR ULTRA ALL INCLUSIVE CONCEPT

SEVEN SEAS HOTEL LIFE		Category	Field	Concept	Opening Date / Renovation
		5 Star	35.000 m2	Ultra All Inclusive	1992 / 2019 - 2020, 2025
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Reservation E-mail:	res.life@sevenseashotels.com		Kemer 7 Km	Antalya 35 Km.	Credit Cards
Sales Office E-mail:	sales@sevenseashotels.com info.life@sevenseashotels.com	Transfer:	Bus (Every 30 min. to Antalya&Kemer) -Taxi		Visa / Master Card
Web:	www.sevenseashotels.com	Certificates	ISO 9001:2015 Quality Management System; ISO 10002:2018 The Customer Satisfaction Standard; ISO 14001:2015 Environmental Management System; ISO 45001:2018 Employee Health and Safety; ISO 22000:2018 Food Safety Management System; ISO 50001:2018 Energy Management System; Blue Flag; Travel Life Gold; Global Sustainable Tourism Certificate		

ROOM INFORMATION

Total Room Count: 295 Rooms/Total Bed Count: 592 Beds

Room Type	MAIN BUILDING STANDARD ROOM	MAIN BUILDING STANDARD ROOM SEA VIEW	MAIN BUILDING FAMILY ROOM	MAIN BUILDING SUPERIOR ROOM	BUNGALOW STANDARD ROOM	BUNGALOW FAMILY ROOM	RESIDENCE STANDARD ROOM	RESIDENCE FAMILY ROOM with 2 bathrooms	HANDICAPPED ROOM	BUNGALOW FAMILY SUITE	RESIDENCE SUITE
Room Count	151	15	10	28	34	8	38	6	2	2	1
Room Area (balcony excluded)	25 m2	25 m2	31 m2	50 m2	25 m2	50 m2	37 m2	50 m2	25 m2	105 m2	112m2
Stay Count	2+1 / 3	2+1 / 3	2+2 / 3+1/4	2+2 / 3+1/4	2+1 / 3	2+2 / 3+1 / 4	2+1/3	4+1 / 5	2+1 / 3	5+1-6	4
Sea View	-	✓	-	-	-	-	-	-	-	-	-
Garden View	✓	-	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bedroom	1	1	2	1	1	2	1	2	1	2	2
Living room	-	-	-	-	-	-	-	-	-	1	1
Connecting Door	-	-	✓	-	-	✓	-	✓	-	✓	✓
Shower/WC	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Jacuzzi	-	-	-	-	-	-	-	-	-	-	✓
Balcony	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Terrace or balcony	-	-	✓	-	-	-	-	-	-	✓	✓
Parquet Floor	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Direct Phone Line	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
LCD TV	✓	✓	✓	✓	✓	2 Units	-	-	✓	2 Units	-
Smart TV	-	-	-	-	-	-	✓	2 Units	-	-	✓
Satellite	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Music Broadcast	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Wireless Internet Access	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Hair Dryer	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Mini Bar	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kitchen unit (refrigerator, coffee machine, microwave oven, dining and sitting area)	-	-	-	-	-	-	-	-	-	-	✓
Safe (Digital)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Central Air Condition	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Fire Alarm	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Tea-Coffee Setup	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Bathrobe (on request)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Slippers	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	✓
French Bed	-	-	✓	✓	-	-	✓	-	-	-	-
Twin or French Bed	✓	✓	-	-	✓	-	-	-	✓	-	-
Twin+French Bed	-	-	✓	-	-	✓	-	✓	-	✓	✓
Additional Bed on Request	✓	✓	✓	✓	✓	✓	✓	-	✓	✓	-
Sofa	-	-	-	✓	-	-	✓	✓	-	✓	-
Pillow menu	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



2026 SUMMER 24 HOUR ULTRA ALL INCLUSIVE CONCEPT

24 HOUR ULTRA ALL INCLUSIVE CONCEPT * Ultra All 24 hours Inclusive Concept available Food and beverage at Lobby Bar(Local & Several Imported Alcoholic Beverages, Soft Drinks, Alcoholic & Non-Alcoholic Cocktails, Hot Drinks incl. Turkish Coffee)

RESTAURANTS			
BREAKFAST	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	07:00-11:00	Main Building	Open Buffet Breakfast. Children's Buffet, Baby Corner, Diet Buffet, Special food service for guests with allergies (on request)
LUNCH	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	12:30-14:30	Main Building	Open Buffet Lunch, Alcoholic and Non-Alcoholic Beverages Within the Concept, Children's Buffet, Baby Corner, Diet Buffet, Special food service for guests with allergies (on request)
Kids World	12:00-14:00	Kids World	Kid's Buffet - juices and water
DINNER	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	18:30-21:30	Main Building	Open Buffet Dinner, Alcoholic and Non-Alcoholic Beverages Within the Concept, Children's Buffet, Baby Corner, Diet Buffet, Special food service for guests with allergies (upon request)
SNACK SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Patisserie	11:00-18:00	Pool Area	Patisserie, Sandvich, Fruits, Juices and Tea-Coffee
Patisserie NEW OFFER	10:00-18:00	Main Building	Patisserie, Sandvich, Fruits, Juices and Tea-Coffee
Snack Restaurant	12:00-16:00	Beach Area	Full Snack a la carte service, Alcoholic and Non-Alcoholic Drinks Included into the Concept
Gözleme	11:00-16:00	Beach Area	Gözleme varieties (6 days in a week)
Kids World	14:00-18:00	Kids World	Biscuits & cookies
ICE CREAM SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Pool bar	11:00 - 21:30	Pool	Packed Ice Cream Service
Kids World	11:00 - 21:30	Kids World	Packed Ice Cream Service
Main Restaurant	12:30 - 14:30 18:30 - 21:30	Main Building	4 types of ice cream
NIGHT SNACK SERVICE	HOURS	LOCATION	CONCEPT DETAIL
Main Restaurant	23:00-07:00	Main Building	23:00 - 01:00 Limited Night Buffet (Soup, Limited Hot&Cold Choices&Fruites)
Main Restaurant	21:30-23:00	Main Building	01:00 - 07:00 Soup&Light Breakfast Buffet&Toast Sandwich Service

A'LA CARTE RESTAURANT (opened based on weekly schedule)

A'LA CARTE	HOURS	LOCATION	CONCEPT DETAIL
La Gustosa Restaurant NEW OFFER	19:00-21:30	Main Building	Italian Cuisine – Alcoholic and Non-Alcoholic Drinks included in the Concept – Free of charge.
Mexican Restaurant NEW OFFER	19:00-21:30	Main Building	Mexican Cuisine – Alcoholic and Non-Alcoholic Drinks included in the Concept – Free of charge.
Breezes Restaurant	19:00-21:30	Beach	Fish & Seafood – Alcoholic and Non-Alcoholic Drinks included in the Concept – Extra Payment.
Kebab House	19:00-21:30	Beach	Turkish Cuisine – Alcoholic and Non-Alcoholic Drinks included in the Concept – Free of charge.
Barbeque Restaurant	19:00-21:30	Beach	Grill – Alcoholic and Non-Alcoholic Drinks included in the Concept – Extra Payment.

Italian, Kebab House and Mexican A'la Carte Restaurants *free of charge. *In total 2 visits per stay. Further visits are chargeable. Reservation is required. Fish Restaurant and Barbeque Restaurant are extra charged.

Kids menu is available in our a la carte restaurants. A'la Carte Restaurant hours and days are based on weekly schedule and can be changed anytime by management.

Kebab House, Fish Restaurant, Barbeque Restaurant and Mexican Restaurant 15.05-15.10 (Dates can be changed depending on weather conditions.) La Gustosa Restaurant 25.03-31.10

BARS			
BARS	HOURS	LOCATION	CONCEPT DETAIL
Lobby Bar	24 Hours	Main Building	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Taurus Bar	10:00-00:00	Beach	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Life Bar	19:00-00:00	Beach	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Pool Bar	08:00-00:00	Pool Area	Alcoholic and Non-Alcoholic Drinks Included into the Concept, Kids' cocktail Menu
Pool bar coffee corner	08:00-00:00	Pool Area	Coffee presentation, coffee and fresh tea prepared by the master
Irish Pub NEW OFFER	23:00-01:00	Main Building	Alcoholic and Non-Alcoholic Drinks Included into the Concept (open during the winter season only)

MINI BAR CONCEPT

* 2 beers, 2 units Cola ,1 unit Fanta, 1 unit Sprite, 2 units Ice Tea, 2 units Juice, 2 units of 0.5 lt. Water, 2 units sparkling water, 2 unit Milk (2 units waffle for all residence, suit and family rooms)

* Mini Bar filled on arrival days and replenished every day free of charge - Coffee set up including 1.5 lt. water free of charge and refreshed daily

PAID SERVICES					
ACTIVITIES	HOURS	DESCRIPTION	ACTIVITIES	HOURS	DESCRIPTION
Telephone	24 Hours		Billiards	10:00-22:30	
Room Service	24 Hours	Extra	Market	10:00-23:00	
Laundry	09:00-16:00	Extra	Hairdresser	10:00-23:00	
Dry Cleaning	09:00-16:00	* Delivery 1 day later	Photographer	10:00-23:00	
Extra Food & Beverage	24 Hours	Several Import Drinks, Energy Drinks, Fresh Squeezed Fruit Juices, Bottles and Drinks in cans	Rent a Car	10:00-23:00	
Water Sports	10:00-18:00	operated by external company	Doctor / Nurse	09:00-17:00	
Ironing Room	24 Hours	Self Ironing is free of charge	Baby Sitter		On Request
Tennis Court Lighting	20:00-00:00	per hour extra charge	Baby Phone / Stroller		Limited number
Tennis Equipments	07:00-00:00	Can be obtained from the reception	Massage - Peeling	09:00-20:00	
Pavilion Service	09:00-19:00	Reservation can be made from Guest Relations	Tennis Lesson	07:00-00:00	Private lessons (on request)
Alacarte Service	19:00-21:30	Fish and Barbeque Restaurant	Fitness instructor	08:00-19:00	Private lessons (on request)



2026 SUMMER "KIDS WORLD" & ACTIVITIES

INDOOR AREA 1	INDOOR AREA 2	INDOOR AREA 3	OUTDOOR ACTIVITIES	OUTDOOR ACTIVITIES	FREE SERVICES	PAID SERVICES
(for children 0-16 age)	(for children 0-4 age)	(for children 5-16 age)	A Playground for children 5-16 Age	Kids Carnival	Baby Changing Units	Baby Sitter
100 m2	100 m2	100 m2	2 Game Houses for Children 0-4 Age	Mini Disco (20:30 - 21:30) 01.06 - 30.09	Baby Food Prep. Equipments	Baby Phone (limited)
Reception	Baby Play Room (0-4 age)	Activity Room	Pizza - Cookies Baking		Baby Tub	Baby Stroller (limited)
Mini Buffet	Breastfeeding Room	Cinema Room	Art painting		Potty, Toilet Seat	Tshirt painting
Kids' Restaurant	Baby Sleeping Room (0-2 age)	Lego Play Room	Special kids shows		Steps	Sand Painting
	Kitchen - for mothers	Playstation	Colorful kids events		Bottle Warmers	
			Children Pool (shaded)		Sterilizer	
			Baby Pool (0-4 age / shaded)		Kids TV Channel (in rooms)	
			Water Slide Pool (with 3 slide) *		Kids drink corner	
			Kids group swimming lessons			

TOTAL AREA: 1.830 m2

* KIDS WORLD operating hours 10:00-22:00

* Water slides are available for +7 age guests.

* At Min. 1 week stays we wash up to 5 Kg. children clothes free of charge for once, for other demands children clothes washing will be charged according to the price list

2026 SUMMER POOLS & BEACH

SWIMMING POOLS				BEACH	
POOL TYPE	m2	DEPTH	HEATING	FREE SERVICES	PAID SERVICES
Activity Pool 1	684 m2	150 cm	-	Beach Towel, Kids Towel *	Pavillion Concept *
Pool	210 m2	135-150 cm	Yes	Sunlounger *	
Children's Pool	25 m2	50 cm	Yes	Kids shaded playground	
Baby Pool (0-3 age)	29 m2	35 cm	Yes	Sunshade (common shady area) *	
Activity Pool 2	60 m2	60 cm	-	180 m. Long private sandy-pebble beach and pier (pebble sea entrance)	
Indoor Children's Pool	8,5 m2	30 cm	Yes	* Beach Towel, Sunlounger, Sunshade also available at Swimming Pools	
Indoor Adult Pool	127,5 m2	140 cm	Yes	* Refreshment service between 09:00-19:00 in the pavilion concept	
Water Slide Pool (+7 age/ 3 slides)	100 m2	120 cm			

2026 SUMMER ANIMATION & SPORTS

ACTIVITIES	HOURS	FREE ACTIVITIES	TEENAGEER ACTIVITIES	SEVEN SENSE OF REST ACTIVITIES	PAID ACTIVITIES
Daily Activities	10:00-12:30 / 14:30-18:00	Big Family Games	1 Tennis Court (Quartz ground)	Beach Walking	Tennis Equipments
Sport Activities	10:00-17:00	Step - Aerobic	1 Multi-purpose court	Mandala Painting	Tennis Court Lighting
Tennis Equipments and Tennis Court Lighting	07:00-24:00 20:00-24:00	Dance courses	Table Tennis	Ateliers (Sience, Soap, Crepe, Sushi, Terrarium, Candle)	Billiards (10:00 - 22:30)
Water Slides	10:00-12:00/14:00-16:00	Water Gym	Beach Volley - Basketball	Chess Tournament	Motorised Water Sports
Water Sports	10:00-18:00	Air Gun Shooting	Dart - Backgammon	Yoga with Music	Catamaran
Evening Shows	21:30-22:15	Archery	Canoe - Pedalo	Ethnic Music	Wind Surfing / Sailing *
Lets youth	10:00-22:00	Water games	Water Polo		Banana Tour
Live Music	4 times a week (21:30 - 23:00)	Zumba	Kangoo jump		
Cinema	Everyday		Mini football		

* Sailing is free of charge with sailing certificate

2026 SUMMER SPA & WELLNESS - reservation is required

Free Services	Hours	Paid Services	Hours
Fitness Center with fitness instructor	07:00-20:00	Massage - Peeling	09:00-20:00
Turkish Bath - Sauna - Steam Room	09:00-20:00		

2026 SUMMER MEETING HALLS

HALL	AREA	LENGTH	WIDTH	HEIGHT	THEATRE STYLE	CLASSROOM STYLE	GALA STYLE	U STYLE	COCKTAIL STYLE
CANYON 1	105 m2	11 m.	9,5 m.	2,55 m.	50 pax	45 pax	50 pax	20 pax	50 pax
Cinema	78 m2	11 m.	7,1 m.	2,55 m.	50 pax				

Technical Equipments: Mobile Screen, Mobile Sound System, Wired Microphone, Collar Microphone, Table Microphone, Speakers Pulpit, Flipchart, DVD / CD player, MD player, TV, Projector

IMPORTANT INFORMATION

The services, service times and way of services may be adjusted, closed, changed by the Hotel Management due to seasonal demands, risk of infection and legal notifications.

Free Internet Access is available at General Areas & Rooms

Pets are not allowed to hotel

Guests under 18 years old will not be served with alcoholic beverage

Dress Code : Please do not enter the restaurants wearing shorts and beachwear

Smoking is prohibited at indoor areas and some outdoor areas under the laws of the Turkish Republic

Seven Seas Hotel Life reserves the right to make changes without notice at any time in its absolute discretion